

# Round Top-Carmine Summer Opportunities

## Band

(Incoming 7<sup>th</sup> - 12<sup>th</sup> Graders)

## Basketball Camp

(Incoming 2<sup>nd</sup> - 12<sup>th</sup> Graders)

## Cheer Camp

(Incoming 1<sup>st</sup> - 6<sup>th</sup> Graders)

## Junior and Senior Beta Club Service Days

(Incoming 8<sup>th</sup> - 12<sup>th</sup> Graders in Beta Club)

## Open Gym

(Incoming 3<sup>rd</sup> - 12<sup>th</sup> Graders)

## Round Top Family Library

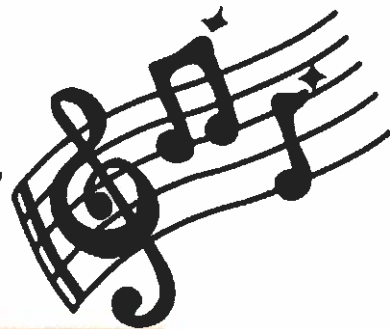
## Strength and Conditioning

(Incoming 7<sup>th</sup> - 12<sup>th</sup> Graders)

## Volleyball Camp

(Incoming 2<sup>nd</sup> - 12<sup>th</sup> Graders)

Join Mrs. Walters' Remind  
to to receive updates about  
summer opportunities!



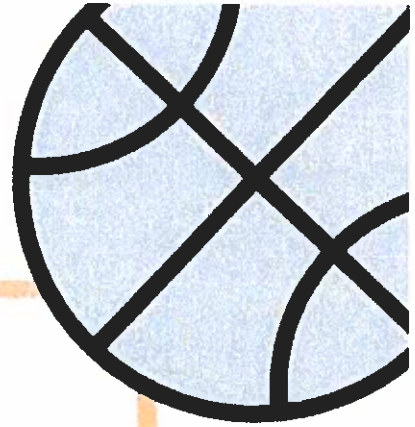
RT-C  
Band  
Program



Remind: Text @rtcjhsband  
to 81010

Stay tuned for sectional  
opportunities in August!

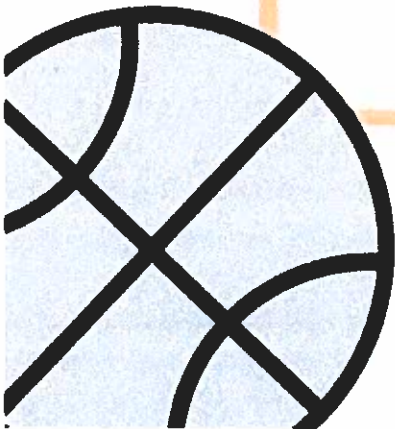
June 28-30



RT-C

Basketball

Camp



2nd-5th Grade / 8:30-10:30

6th-8th Grade / 11:00-1:00

9th-12th Grade / 1:00-4:00

# 2021 RT-C Basketball Camp Registration Form

Child's Name: \_\_\_\_\_ Grade level 2021-2022: \_\_\_\_\_

Address: \_\_\_\_\_

Parent/Guardian name: \_\_\_\_\_

Contact number: \_\_\_\_\_ Email: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Number: \_\_\_\_\_

**Please note any health issues that we need to be aware of: (include any allergies)**

\_\_\_\_\_  
\_\_\_\_\_

I hereby certify that the named camper is in good health and fully able to participate in all activities of the camp. My camper has no known restrictions, or any other fact, that may limit her/him from participation.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

I do hereby acknowledge and understand that my camper's participation is entirely voluntary, and that there are certain substantial and inherent risks involved in the sport. I further acknowledge that the camp shall not in any way be responsible or liable for any injuries, ailments, infirmities, and/or disabilities, which my camper may encounter as a result of such participation. I understand that the camp will require strenuous exercise, and so requires my camper to be in acceptable physical condition. I understand the nature of potential risks from injury, and I agree to accept those risks. The camp director has permission to seek medical attention for my camper, and I grant permission for the designated physician(s) to provide medical treatment in the event of injury or sickness. I understand that every attempt will be made to contact the emergency contacts listed. I will be financially responsible for any medical attention needed during camp or resulting from an injury received at camp. My medical insurance shall be the insurance coverage for any medical treatment. I, hereby agree to the above waiver and release.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Please select only **one** session for June 28-30: **\$40.00**

**2<sup>nd</sup> – 5<sup>th</sup> Grade; 8:30 – 10:30**

**6<sup>th</sup> – 8<sup>th</sup> Grade; 11:00 – 1:00**

**9<sup>th</sup> – 12<sup>th</sup> Grade; 1:00 – 4:00**

**I would like to purchase a t-shirt for an additional \$10.00 (order must be turned in by May 25th)**

T-shirt size: **YXS YS YM YL AS AM AL**

**Payment amount:** \_\_\_\_\_ **Payment type:** **Cash** **Check #** \_\_\_\_\_



Two Bits, Four Bits, Six Bits, A Dollar  
All for the Cubs  
Sign up and Holler!

## RT-C MINI CAMP

Students that have completed kindergarten - 5th grade  
are eligible to attend.

Choose from one of two sessions:

Monday, June 14th & Tuesday, June 15th  
1:00 pm - 4:00 pm

OR

Wednesday, June 16th & Thursday, June 17th  
9:00 am - 12:00 pm

★ Pep Rally for parents will be held the last 15 minutes of the last day of camp

Round Top - Carmine High School Gym

**Fee: \$40.00** (includes poms and daily snack)

**Camp T-shirt** will be an additional **\$10.00**

- Wear comfortable clothing and well fitting tennis shoes.
  - Please bring your own water bottle.

**Hosted by Round Top - Carmine Cheer**

For more information please contact Tania Hardaway at 979-966-6118 or  
thardaway@rtcisd.net

*COVID PROTOCOL: We will follow RT-CISD rules and guidelines at the time of camp.*

# 2021 RT-C Mini Cheer Camp Registration Form

Child's Name: \_\_\_\_\_ Grade level 2021-2022: \_\_\_\_\_

Address: \_\_\_\_\_

Parent/Guardian name: \_\_\_\_\_

Contact number: \_\_\_\_\_ Email: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Number: \_\_\_\_\_

**Please note any health issues that we need to be aware of: (include any allergies)**

\_\_\_\_\_  
\_\_\_\_\_

I hereby certify that the named camper is in good health and fully able to participate in all activities of the camp. My camper has no known restrictions, or any other fact, that may limit her/him from participation.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

I do hereby acknowledge and understand that my camper's participation is entirely voluntary, and that there are certain substantial and inherent risks involved in the sport. I further acknowledge that the camp shall not in any way be responsible or liable for any injuries, ailments, infirmities, and/or disabilities, which my camper may encounter as a result of such participation. I understand that the camp will require strenuous exercise, and so requires my camper to be in acceptable physical condition. I understand the nature of potential risks from injury, and I agree to accept those risks. The camp director has permission to seek medical attention for my camper, and I grant permission for the designated physician(s) to provide medical treatment in the event of injury or sickness. I understand that every attempt will be made to contact the emergency contacts listed. I will be financially responsible for any medical attention needed during camp or resulting from an injury received at camp. My medical insurance shall be the insurance coverage for any medical treatment. I, hereby agree to the above waiver and release.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Please choose only **one** session: **\$40.00**

**M, W - June 14th & June 15th; 1:00 pm - 4:00 pm**

**T, Th - June 16th & June 17th; 9:00 am - 12:00 pm**

**I would like to purchase a t-shirt for an additional \$10.00 (order must be turned in by May 25th)**

T-shirt size: **YXS YS YM YL AS AM AL**

**Payment amount:** \_\_\_\_\_ **Payment type:** **Cash** **Check #** \_\_\_\_\_

June 28 / July 22  
August 4



RT-C

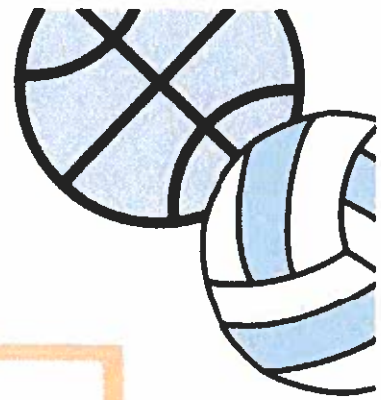
Beta Club

Service Days



Report to the High School  
Office anytime between the  
hours of 10 a.m. and 2 p.m.

Every Monday and Wednesday  
{Except July 5 and 7}  
Starting June 7



RT-C  
Open Gym



3rd-8th Grade  
8:00-9:00 a.m.  
RT-C High School Gym



# 2021 Open Gym Release Form

Child's Name: \_\_\_\_\_ Grade level 2021-2022: \_\_\_\_\_

Address: \_\_\_\_\_

Parent/Guardian name: \_\_\_\_\_

Contact number: \_\_\_\_\_ Email: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Number: \_\_\_\_\_

**Please note any health issues that we need to be aware of: (include any allergies)**

\_\_\_\_\_  
\_\_\_\_\_

I hereby certify that the named camper is in good health and fully able to participate in all activities of the camp. My camper has no known restrictions, or any other fact, that may limit her/him from participation.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

I do hereby acknowledge and understand that my camper's participation is entirely voluntary, and that there are certain substantial and inherent risks involved in the sport. I further acknowledge that the camp shall not in any way be responsible or liable for any injuries, ailments, infirmities, and/or disabilities, which my camper may encounter as a result of such participation. I understand that the camp will require strenuous exercise, and so requires my camper to be in acceptable physical condition. I understand the nature of potential risks from injury, and I agree to accept those risks. The camp director has permission to seek medical attention for my camper, and I grant permission for the designated physician(s) to provide medical treatment in the event of injury or sickness. I understand that every attempt will be made to contact the emergency contacts listed. I will be financially responsible for any medical attention needed during camp or resulting from an injury received at camp. My medical insurance shall be the insurance coverage for any medical treatment. I, hereby agree to the above waiver and release.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

The library has many  
summer activities for  
students and volunteers.



Round Top  
Family  
Library



Visit [ilovetoread.org](http://ilovetoread.org)  
for more information.

Monday - Friday {Except July 5 - 9}

8:00 - 9:00 a.m.

{Skill Work to Follow 9:00 - 10:00}

RT-C  
Strength &  
Conditioning



7th-8th Grade / Tuesday,  
Thursday, and Friday



9th-12th Grade / Monday-Friday

# 2021 Strength and Conditioning Release Form

Child's Name: \_\_\_\_\_ Grade level 2021-2022: \_\_\_\_\_

Address: \_\_\_\_\_

Parent/Guardian name: \_\_\_\_\_

Contact number: \_\_\_\_\_ Email: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Number: \_\_\_\_\_

**Please note any health issues that we need to be aware of: (Include any allergies)**

\_\_\_\_\_  
\_\_\_\_\_

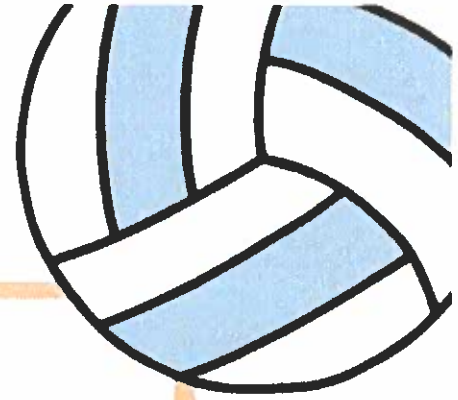
I hereby certify that the named camper is in good health and fully able to participate in all activities of the camp. My camper has no known restrictions, or any other fact, that may limit her/him from participation.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

I do hereby acknowledge and understand that my camper's participation is entirely voluntary, and that there are certain substantial and inherent risks involved in the sport. I further acknowledge that the camp shall not in any way be responsible or liable for any injuries, ailments, infirmities, and/or disabilities, which my camper may encounter as a result of such participation. I understand that the camp will require strenuous exercise, and so requires my camper to be in acceptable physical condition. I understand the nature of potential risks from injury, and I agree to accept those risks. The camp director has permission to seek medical attention for my camper, and I grant permission for the designated physician(s) to provide medical treatment in the event of injury or sickness. I understand that every attempt will be made to contact the emergency contacts listed. I will be financially responsible for any medical attention needed during camp or resulting from an injury received at camp. My medical insurance shall be the insurance coverage for any medical treatment. I, hereby agree to the above waiver and release.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

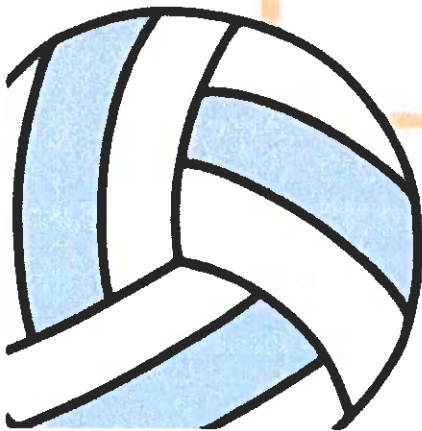
July 26-28



RT-C

Volleyball

Camp



2nd-5th Grade / 8:30-10:30

6th-8th Grade / 11:00-1:00

9th-12th Grade / 1:00-5:00

# 2021 RT-C Volleyball Camp Registration Form

Child's Name: \_\_\_\_\_ Grade level 2021-2022: \_\_\_\_\_

Address: \_\_\_\_\_

Parent/Guardian name: \_\_\_\_\_

Contact number: \_\_\_\_\_ Email: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Number: \_\_\_\_\_

**Please note any health issues that we need to be aware of: (include any allergies)**

\_\_\_\_\_  
\_\_\_\_\_

I hereby certify that the named camper is in good health and fully able to participate in all activities of the camp. My camper has no known restrictions, or any other fact, that may limit her/him from participation.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

I do hereby acknowledge and understand that my camper's participation is entirely voluntary, and that there are certain substantial and inherent risks involved in the sport. I further acknowledge that the camp shall not in any way be responsible or liable for any injuries, ailments, infirmities, and/or disabilities, which my camper may encounter as a result of such participation. I understand that the camp will require strenuous exercise, and so requires my camper to be in acceptable physical condition. I understand the nature of potential risks from injury, and I agree to accept those risks. The camp director has permission to seek medical attention for my camper, and I grant permission for the designated physician(s) to provide medical treatment in the event of injury or sickness. I understand that every attempt will be made to contact the emergency contacts listed. I will be financially responsible for any medical attention needed during camp or resulting from an injury received at camp. My medical insurance shall be the insurance coverage for any medical treatment. I, hereby agree to the above waiver and release.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Please select only **one** session for July 26-28: **\$40.00**

**2<sup>nd</sup> – 5<sup>th</sup> Grade; 8:30 – 10:30**

**6<sup>th</sup> – 8<sup>th</sup> Grade; 11:00 – 1:00**

**9<sup>th</sup> – 12<sup>th</sup> Grade; 1:00 – 5:00**

**I would like to purchase a t-shirt for an additional \$10.00 (order must be turned in by May 25th)**

T-shirt size: **YXS    YS    YM    YL    AS    AM    AL**

**Payment amount:** \_\_\_\_\_ **Payment type:** **Cash    Check #** \_\_\_\_\_

# June - #RTCProud

Visit [ilovetoread.org](http://ilovetoread.org) for activities through the Round Top Family Library!  
 Stay tuned for band opportunities via Mrs. Walters' Remind! Text @rtcihsband to 81010 to join.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6	7	8	9	10	11	12
8:00 - 9:00 3 <sup>rd</sup> - 8 <sup>th</sup> Open Gym 9 <sup>th</sup> - 12 <sup>th</sup> S & C 9:00 - 10:00 7 <sup>th</sup> - 12 <sup>th</sup> Skill Work	8:00 - 9:00 7 <sup>th</sup> - 12 <sup>th</sup> S & C (Suggested for CC runners) 9:00 - 10:00 7 <sup>th</sup> - 12 <sup>th</sup> Skill Work	8:00 - 9:00 3 <sup>rd</sup> - 8 <sup>th</sup> Open Gym 9 <sup>th</sup> - 12 <sup>th</sup> S & C 9:00 - 10:00 7 <sup>th</sup> - 12 <sup>th</sup> Skill Work	8:00 - 9:00 3 <sup>rd</sup> - 8 <sup>th</sup> Open Gym 9 <sup>th</sup> - 12 <sup>th</sup> S & C 9:00 - 10:00 7 <sup>th</sup> - 12 <sup>th</sup> Skill Work	8:00 - 9:00 7 <sup>th</sup> - 12 <sup>th</sup> S & C (Suggested for CC runners) 9:00 - 10:00 7 <sup>th</sup> - 12 <sup>th</sup> Skill Work	8:00 - 9:00 7 <sup>th</sup> - 12 <sup>th</sup> S & C 9:00 - 10:00 7 <sup>th</sup> - 12 <sup>th</sup> Skill Work	
13	14	15	16	17	18	19
8:00 - 9:00 3 <sup>rd</sup> - 8 <sup>th</sup> Open Gym 9 <sup>th</sup> - 12 <sup>th</sup> S & C 9:00 - 10:00 7 <sup>th</sup> - 12 <sup>th</sup> Skill Work 1:00 - 4:00 Mini Cheer Camp # 1	8:00 - 9:00 7 <sup>th</sup> - 12 <sup>th</sup> S & C (Suggested for CC runners) 9:00 - 10:00 7 <sup>th</sup> - 12 <sup>th</sup> Skill Work 1:00 - 4:00 Mini Cheer Camp # 1	8:00 - 9:00 3 <sup>rd</sup> - 8 <sup>th</sup> Open Gym 9 <sup>th</sup> - 12 <sup>th</sup> S & C 9:00 - 10:00 7 <sup>th</sup> - 12 <sup>th</sup> Skill Work 9:00 - 12:00 Mini Cheer Camp # 2	8:00 - 9:00 3 <sup>rd</sup> - 8 <sup>th</sup> Open Gym 9 <sup>th</sup> - 12 <sup>th</sup> S & C 9:00 - 10:00 7 <sup>th</sup> - 12 <sup>th</sup> Skill Work 9:00 - 12:00 Mini Cheer Camp # 2	8:00 - 9:00 7 <sup>th</sup> - 12 <sup>th</sup> S & C (Suggested for CC runners) 9:00 - 10:00 7 <sup>th</sup> - 12 <sup>th</sup> Skill Work 9:00 - 12:00 Mini Cheer Camp # 2	8:00 - 9:00 7 <sup>th</sup> - 12 <sup>th</sup> S & C 9:00 - 10:00 7 <sup>th</sup> - 12 <sup>th</sup> Skill Work	
20	21	22	23	24	25	26
8:00 - 9:00 3 <sup>rd</sup> - 8 <sup>th</sup> Open Gym 9 <sup>th</sup> - 12 <sup>th</sup> S & C 9:00 - 10:00 7 <sup>th</sup> - 12 <sup>th</sup> Skill Work	8:00 - 9:00 7 <sup>th</sup> - 12 <sup>th</sup> S & C (Suggested for CC runners) 9:00 - 10:00 7 <sup>th</sup> - 12 <sup>th</sup> Skill Work	8:00 - 9:00 7 <sup>th</sup> - 12 <sup>th</sup> S & C 8:30 - 10:30 2 <sup>nd</sup> - 5 <sup>th</sup> Basketball Camp 11:00 - 1:00 6 <sup>th</sup> - 8 <sup>th</sup> Basketball Camp 1:00 - 4:00 9 <sup>th</sup> - 12 <sup>th</sup> Basketball Camp	8:00 - 9:00 3 <sup>rd</sup> - 8 <sup>th</sup> Open Gym 9 <sup>th</sup> - 12 <sup>th</sup> S & C 9:00 - 10:00 7 <sup>th</sup> - 12 <sup>th</sup> Skill Work	8:00 - 9:00 7 <sup>th</sup> - 12 <sup>th</sup> S & C (Suggested for CC runners) 9:00 - 10:00 7 <sup>th</sup> - 12 <sup>th</sup> Skill Work	8:00 - 9:00 7 <sup>th</sup> - 12 <sup>th</sup> S & C 9:00 - 10:00 7 <sup>th</sup> - 12 <sup>th</sup> Skill Work	
27	28	29	30			
8:00 - 9:00 7 <sup>th</sup> - 12 <sup>th</sup> S & C 8:30 - 10:30 2 <sup>nd</sup> - 5 <sup>th</sup> Basketball Camp 10:00 - 2:00 Beta Service Day 11:00 - 1:00 6 <sup>th</sup> - 8 <sup>th</sup> Basketball Camp 1:00 - 4:00 9 <sup>th</sup> - 12 <sup>th</sup> Basketball Camp	8:00 - 9:00 7 <sup>th</sup> - 12 <sup>th</sup> S & C 8:30 - 10:30 2 <sup>nd</sup> - 5 <sup>th</sup> Basketball Camp 11:00 - 1:00 6 <sup>th</sup> - 8 <sup>th</sup> Basketball Camp 1:00 - 4:00 9 <sup>th</sup> - 12 <sup>th</sup> Basketball Camp	8:00 - 9:00 7 <sup>th</sup> - 12 <sup>th</sup> S & C 8:30 - 10:30 2 <sup>nd</sup> - 5 <sup>th</sup> Basketball Camp 11:00 - 1:00 6 <sup>th</sup> - 8 <sup>th</sup> Basketball Camp 1:00 - 4:00 9 <sup>th</sup> - 12 <sup>th</sup> Basketball Camp	8:00 - 9:00 7 <sup>th</sup> - 12 <sup>th</sup> S & C 8:30 - 10:30 2 <sup>nd</sup> - 5 <sup>th</sup> Basketball Camp 11:00 - 1:00 6 <sup>th</sup> - 8 <sup>th</sup> Basketball Camp 1:00 - 4:00 9 <sup>th</sup> - 12 <sup>th</sup> Basketball Camp			

# July - #RTC Proud

Visit [ilovetoread.org](http://ilovetoread.org) for activities through the Round Top Family Library!  
 Stay tuned for band opportunities via Mrs. Walters' Remind! Text @rtcjhsband to 81010 to join.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				8:00 - 9:00 7 <sup>th</sup> - 12 <sup>th</sup> S & C (Suggested for CC runners) 9:00 - 10:00 7 <sup>th</sup> - 12 <sup>th</sup> Skill Work	8:00 - 9:00 7 <sup>th</sup> - 12 <sup>th</sup> S & C 9:00 - 10:00 7 <sup>th</sup> - 12 <sup>th</sup> Skill Work	
4	5	6	7	8	9	10
11	12	13	14	15	16	17
8:00 - 9:00 3 <sup>rd</sup> - 8 <sup>th</sup> Open Gym 9 <sup>th</sup> - 12 <sup>th</sup> S & C 9:00 - 10:00 7 <sup>th</sup> - 12 <sup>th</sup> Skill Work	8:00 - 9:00 7 <sup>th</sup> - 12 <sup>th</sup> S & C (Suggested for CC runners) 9:00 - 10:00 7 <sup>th</sup> - 12 <sup>th</sup> Skill Work	8:00 - 9:00 3 <sup>rd</sup> - 8 <sup>th</sup> Open Gym 9 <sup>th</sup> - 12 <sup>th</sup> S & C 9:00 - 10:00 7 <sup>th</sup> - 12 <sup>th</sup> Skill Work	8:00 - 9:00 7 <sup>th</sup> - 12 <sup>th</sup> S & C (Suggested for CC runners) 9:00 - 10:00 7 <sup>th</sup> - 12 <sup>th</sup> Skill Work	8:00 - 9:00 7 <sup>th</sup> - 12 <sup>th</sup> S & C (Suggested for CC runners) 9:00 - 10:00 7 <sup>th</sup> - 12 <sup>th</sup> Skill Work	8:00 - 9:00 7 <sup>th</sup> - 12 <sup>th</sup> S & C 9:00 - 10:00 7 <sup>th</sup> - 12 <sup>th</sup> Skill Work	
18	19	20	21	22	23	24
8:00 - 9:00 3 <sup>rd</sup> - 8 <sup>th</sup> Open Gym 9 <sup>th</sup> - 12 <sup>th</sup> S & C 9:00 - 10:00 7 <sup>th</sup> - 12 <sup>th</sup> Skill Work	8:00 - 9:00 7 <sup>th</sup> - 12 <sup>th</sup> S & C (Suggested for CC runners) 9:00 - 10:00 7 <sup>th</sup> - 12 <sup>th</sup> Skill Work	8:00 - 9:00 3 <sup>rd</sup> - 8 <sup>th</sup> Open Gym 9 <sup>th</sup> - 12 <sup>th</sup> S & C 9:00 - 10:00 7 <sup>th</sup> - 12 <sup>th</sup> Skill Work	8:00 - 9:00 7 <sup>th</sup> - 12 <sup>th</sup> S & C (Suggested for CC runners) 9:00 - 10:00 7 <sup>th</sup> - 12 <sup>th</sup> Skill Work Beta Service Day	8:00 - 9:00 7 <sup>th</sup> - 12 <sup>th</sup> S & C (Suggested for CC runners) 9:00 - 10:00 7 <sup>th</sup> - 12 <sup>th</sup> Skill Work	8:00 - 9:00 7 <sup>th</sup> - 12 <sup>th</sup> S & C 9:00 - 10:00 7 <sup>th</sup> - 12 <sup>th</sup> Skill Work	
25	26	27	28	29	30	31
8:00 - 9:00 7 <sup>th</sup> - 12 <sup>th</sup> S & C 8:30 - 10:30 2 <sup>nd</sup> - 5 <sup>th</sup> Volleyball Camp 11:00 - 1:00 6 <sup>th</sup> - 8 <sup>th</sup> Volleyball Camp 1:00 - 5:00 9 <sup>th</sup> - 12 <sup>th</sup> Volleyball Camp	8:00 - 9:00 7 <sup>th</sup> - 12 <sup>th</sup> S & C (Suggested for CC runners) 8:30 - 10:30 2 <sup>nd</sup> - 5 <sup>th</sup> Volleyball Camp 11:00 - 1:00 6 <sup>th</sup> - 8 <sup>th</sup> Volleyball Camp 1:00 - 5:00 9 <sup>th</sup> - 12 <sup>th</sup> Volleyball Camp	8:00 - 9:00 7 <sup>th</sup> - 12 <sup>th</sup> S & C 8:30 - 10:30 2 <sup>nd</sup> - 5 <sup>th</sup> Volleyball Camp 11:00 - 1:00 6 <sup>th</sup> - 8 <sup>th</sup> Volleyball Camp 1:00 - 5:00 9 <sup>th</sup> - 12 <sup>th</sup> Volleyball Camp	8:00 - 9:00 7 <sup>th</sup> - 12 <sup>th</sup> S & C (Suggested for CC runners) 9:00 - 10:00 7 <sup>th</sup> - 12 <sup>th</sup> Skill Work	8:00 - 9:00 7 <sup>th</sup> - 12 <sup>th</sup> S & C (Suggested for CC runners) 9:00 - 10:00 7 <sup>th</sup> - 12 <sup>th</sup> Skill Work	8:00 - 9:00 7 <sup>th</sup> - 12 <sup>th</sup> S & C 9:00 - 10:00 7 <sup>th</sup> - 12 <sup>th</sup> Skill Work	